



A quality education in a caring environment

# Seven Hills North Public School NEWSLETTER



## DATES FOR DIARY

### TERM 2

#### JUNE

29 NAIDOC Performance  
PSSA

#### JULY

4 Reports Home  
**COLOUR RUN**  
5 Athletics Carnival  
6 Assembly 1.45pm  
PSSA  
Last day of Term 2

### TERM 3

#### JULY

23 Staff Development Day  
24 **Students Return**  
27 PSSA  
30 S2 Excursion  
Field of Mars

#### AUGUST

3 PSSA  
Assembly 1.45pm  
8 Stage 3 Camp  
9 Stage 3 Camp  
10 Stage 3 Camp  
PSSA  
15 Choir Rehearsal  
16 S1 Excursion  
Old Schoolhouse Museum  
17 PSSA  
Assembly 2.15pm  
24 PSSA  
31 PSSA  
Assembly 1.45pm

## From the Principals Desk

I am sitting at my desk reflecting on my time at Seven Hills North thinking about what I will write in my very last Newsletter. I have been fortunate to have been surrounded by a supportive staff, a community who have always been positive and students who have embraced life as caring individuals who have been willing to have a go and try to be the best they can be.

I have thoroughly enjoyed my time at Seven Hills North watching our students grow socially, emotionally and academically to ensure that they have the skills necessary to venture to high school and beyond. My heart will always hold fond memories of my time at this school and I will treasure the past six and a half years as being one of the most rewarding times of my career.

Thank you to all the community for the respect and care you have shown towards me and to each and every student past and present who have taught me the importance of treating every individual with the care and kindness that they deserve. At the same time, I hope that the students have learnt that it is so important to never give up and to always keep trying.

It will be very difficult saying good-bye next Friday and I wish the new principal all the best in their journey and hope that their time at Seven Hills North will be a rewarding experience.

I will be back to visit!  
Love Mrs Pugh



"HOW LUCKY I AM TO HAVE SOMETHING  
THAT MAKES SAYING GOODBYE SO HARD."

- A.A. MILNE, WINNIE THE POOH

**SHNOOSH CARE**

Ph: 9620 9308  
shnooshcare@optusnet.com.au

**SCHOOL SECURITY**  
**1300880021**

# Seven Hills North Public School Newsletter

## Arriving Late To School

This week there have been a large number of children lining up at the office waiting to receive late notes to take back to their teachers. On one particular day, the children were lined up out the door with more than 25 students arriving after the bell. Please ensure that your children arrive before the bell goes and if they do arrive late, an adult must accompany them to the office to explain why they are late or the child needs a note with a written explanation.

## Working Bee

Thank you to all the families that turned up to give a helping hand at the working bee on Sunday. We all worked very hard, mulching, pruning and improving the image of our school. The gardens around the COLA look very neat and well mulched.

## Movie Night

Thank you to our Year 5/6 teachers for organising our Movie Night for our students. The movie night was a great success! All the students who attended had a fantastic night keeping warm and snug in their pyjamas and slippers. The students had a lovely time and we were very impressed with their manners and behaviour. Thank you to the parents for bringing them on the night and assisting our Year 6 students to raise funds for their Year 6 Farewell.

## COLOUR RUN

Please remember that the Colour Run is on Wednesday 4 July. Permission notes need to be returned or your child will NOT be able to participate. Some families are confused about the sponsorship forms. They are asking for a donation for participation in an obstacle course. Don't forget to supply your child with glasses or goggles. Please ensure that you send your children in old clothes.

The colour run will be on the same day and Pizza Day so if you don't have your orders in you better get them in fast the last day to order is TOMORROW.

## Reports

Reports will be available from Wednesday 4 July on the Sentral Parent Portal. If you have any issues logging in please contact the school office.

## Planning Days

All teachers will participate in a planning day in Week 10 to work collaboratively on programming. Release from Face to Face (RFF) will be cancelled for the week.

## Athletics Carnival

Our K-6 Athletics Carnival is to be held on Thursday 5 July, weather permitting. It will be held at Alfred Whaling Reserve at Baulkham Hills commencing at approximately 9.30am when the buses arrive.

Our Year 6 parents will be running a BBQ and we will have four students from Seven Hills High School assisting the staff on the day.

Two staff members from the Sports in Schools program that has been running this term will be assisting with the tabloid events for K to 2 and the discus.

I am sure it will be a fantastic day and **ALL** students are expected to attend. All students will travel to the event on the bus but will be permitted to go home with their parents at the end of the carnival. Otherwise, they will return to school on the bus prior to the afternoon bell.

Mrs Kate Pugh  
Principal

## Education Week Celebrations (Week 3, Term 3)

On Monday 6 August, Seven Hills North will be celebrating Education Week. The theme of this year's Education Week is: *today's schools – creating tomorrow's world*. This is precisely our vision at Seven Hills North Public School.

We would like to invite all parents, carers and family members to join in the day's celebrations. The timetable for the day is as follows:

- 9:00 – 10:00am – Education Week Concert (Hall)
- 10:00 – 10:30am – Open Classrooms
- 10:30 – 11:20am – Family Picnic Morning Tea
- 11:20am – Students return to classes for a normal school day (early leavers not permitted)

A range of performing arts groups will be showing off their talents during the Education Week Concert. Open classrooms will provide family members with an opportunity to have a look at some of the awesome things that students have been up to in their classrooms this year. Family members are encouraged to bring their own picnic blanket and morning tea to join in the final part of the day's celebrations (morning tea will not be provided).

So mark Monday 6 August in your calendars! We can't wait to see you there!

Mrs Baxter and Miss Hinds  
Education Week Committee

**Staff development Day— Monday 23 July (no students)**

**Students Return—Tuesday 24 July**



# Seven Hills North Public School Newsletter



## MESSAGE FROM THE P&C

### COLOUR RUN NEWS!

Not long to go now! Our Colour Run is on at 12.30 next Wednesday 4 July after an early lunch. Here are some key points to remember:

- Keep collecting sponsorship money! Sign up for an online account if you haven't already or keep collecting sponsors on your Sponsorship Form if you prefer. The office have spares if you need them. **Everybody who collects more than \$10 is eligible for a prize!**
- Permission notes are due back to the School Office no later than this Friday 29 June.
- Wednesday will be a mufti day - please wear old clothes as all the colour may not wash out. It is preferable that you wear a cheap white t-shirt as the colour will show up better.
- Sunglasses are optional and will need to be brought from home if you want your child to wear them. Face masks will be available to anyone who has concerns, please ask a P&C representative for one on the day.
- **All sponsorship forms and money are due back the first Friday after the school holidays, Friday 27 July**, otherwise you will be ineligible for the prizes. Prizes will be sent home once all of the sponsorship forms are in.
- Parent helpers are needed on the day. If you would like to help throw coloured powder on the kids please meet outside the front of the Canteen at 12.20pm on the day.

Its going to be a great event!!

### PIZZA DAY

Notes were sent home last week for Pizza Day, also on Wednesday 4 July. All pizza must be pre-ordered and these forms are due back by this Friday 29 June. There will be no regular lunch orders available on Pizza Day. Parents and care givers are welcome to put in an order with their child's as well.





**INNOVATIVE DANCE CO.** PRESENTS

# WINTER DANCE WORKSHOP

4 STYLES OF DANCE  
 JULY 18, 2018  
 SHELLEY PUBLIC SCHOOL, BLACKTOWN  
 10AM - 3.30PM


JNZS 8-12YRS  
 SNRS 13YRS+

Jazz  
 Hip Hop  
 Contemporary  
 Musical Theatre & more


**\$65 TIX**

EARLY BIRD PRICING AVAILABLE UNTIL 22ND JUNE  
 \$80 standard rate

Book Now  
 limited places available



Jay Johns



Emma Jarmen

Reserve your spot now at [trybooking.com](http://trybooking.com) search Innovative Dance Co to find us  
 email [info@innovativedance.com.au](mailto:info@innovativedance.com.au) for details



## KILDARE ROAD MEDICAL CENTRE

### Introducing Dr. Nasim Ahmed MBBS FRNZCGP FRACGP

Dr. Ahmed graduated from Chittagong Medical College, Bangladesh and soon after moved to New Zealand where she completed her internship, relocating to Australia this year. Dr. Ahmed is focused on continuity of care for the patient, their family and the community as a whole.

**Interests:** all aspects of family practice, mental health, paediatric medicine and women's health

**Languages:** Bengali and Hindi

To make an appointment with Dr. Ahmed go online at [kildaremedical.com.au](http://kildaremedical.com.au), download the free HotDoc App or call Reception on 8822 3000

36 Kildare Road, Blacktown NSW 2148  
 bulk billing - open 7 days

## Pack your child a HEALTHY LUNCH BOX

Choose a variety of foods from each food group



Fruit	
+	
Vegetables	
+	
Dairy	
+	
Wholegrains	
+	
Lean meat & alternatives	
=	A Healthy Lunch Box



MAKE WATER YOUR DRINK

PACK ICE BRICKS TO KEEP FOOD COOL

USE A THERMOS TO KEEP FOOD WARM



This resource was developed and designed by the Health Promotion Service, Western Sydney Local Health District, with contribution by South Eastern Sydney Local Health District and Illawarra Shoalhaven Local Health District.