



A quality education in a caring environment

Seven Hills North Public School NEWSLETTER

Issue 17 21.11.2019

Term 4—Week 6



DATES FOR DIARY

TERM 4

DECEMBER

- 6 Assembly
- 9 Year 6 Farewell Dinner
- 10 Parent Helper Morning Tea
- 12 Presentation Day
- 12 School Picnic
- 16 Class Party Day
- 17 SHNPS Idol
- 18 Last day of term



2020

TERM 1

JANUARY

- 27 Australia Day
- 28 Staff Development Day
- 29 Year 1-6 students return
- Kindergarten Best Start
- 30 Kindergarten Best Start
- 31 Kindergarten Best Start

FEBRUARY

- 3 Kindergarten students first day
- 3 Swimming Carnival

From the Principal's Desk

Goodbye and good luck Mrs Wall

This week we farewelled Mrs Wall, as she heads off to begin her maternity leave. This was an earlier departure than planned, under doctor's advice. On behalf of the school community, I would like to wish Mrs Wall all the best of luck for this exciting new chapter in her life. I would like to thank her for her outstanding commitment and contributions to our students and our school. We look forward to welcoming the newest addition to her family and to having her back at Seven Hills North following her maternity leave. Mrs Sargeant and Mr Hilly will be teaching 2/3F for the remainder of the year.

Staffing news

It is with both a sense of sadness and pride that I advise that we will be farewelling Miss Rogers and Miss Attard at the end of the year, as their relieving positions at our school come to an end. Both Miss Rogers and Miss Attard have been successful in gaining Assistant Principal positions at other schools. On behalf of our school community I would like to congratulate Miss Rogers and Miss Attard and extend my sincere thanks for their contributions to the education of students at our school. Their dedication to the wellbeing of students has been appreciated and they will be missed by staff and students at our school.

Presentation Day 2019

You are invited to celebrate the wonderful achievements of our students at our 2019 Presentation Day, to be held on Thursday 12 December from 9am in the school hall. We look forward to seeing everyone to share in the achievements of our students.

Canteen last day

In order for our canteen volunteers to stocktake and prepare for the holiday break, our last day for the canteen will be next **Wednesday, 11 December**. On behalf of our school community, I would like to thank our volunteers who give their time in order to make this service available to our students and families.



SHNOOSH CARE

Ph: 9620 9308

shnooshcare@optusnet.com.au

SCHOOL SECURITY
1300880021

Seven Hills North Public School Newsletter

Celebrating successful students

Recently, Byron in 3/4A attended the Martial Arts National Championships in Melbourne. We are extremely proud of Byron who won a gold medal at the Championship. Congratulations!

Congratulations also to Ainsley in 5/6T who participated in a National figure-skating competition in Melbourne during the week, what a marvellous achievement to make it to National level. Well done!

Kindergarten visit and Parent Information Night

Our Kindergarten Transition program continued last week with our final visit to 'big school'. Kinder students have enjoyed their opportunity to visit our classrooms. They also participated in a school tour, led by their Year 4 buddies. We were extremely proud of our Year 4 students who were outstanding buddies to our new Kindergarten students and wonderful representatives of our school. They will be a familiar face and great support to our newest students when they commence next year.



This week we held an Information Evening for parents of those students commencing Kindergarten at our school in 2020. This session provided parents with information about our school programs, procedures, daily routines and staff. It was wonderful opportunity to meet with the new families of our school community. A special 'thank you' to the teachers, SHNOOSH personnel and P&C members who also attended this evening.



School Shades™

Seven Hills North Public School is a SunSafe School. In meeting the SunSafe recommendations of *Slip, Slop, Slap, Seek and Slide* we also offer sunglasses as a part of our school uniform. To protect the eye-health of our students, School Shades sunglasses are available in 3 sizes, colour matched to our school uniform.

School Shades sunglasses are approved to the highest Australian UV standards and have shatterproof, poly-carbonate lenses. Each set of tough, built-for-kids pair of sunglasses includes:

- an easy-to-use ID panel
- a microfibre cloth
- a matching case with bag clip.

P&C have generously subsidised 50% of the cost of these Sunglasses and they may be purchased at the Uniform Shop for \$6.00 per pair.

2020 Leadership Elections

This week, nineteen Year 5 students presented their speeches to the student body for our 2020 Student Leadership elections. Our students did a great job at presenting their speeches to students, staff and guests. All candidates outlined their commitment to becoming a school leader and their ability to meet the leadership criteria and role expectations.

Following our special assembly, students and staff have voted for their preferred candidates and we are currently tallying the results to determine our 2020 School Leaders. Leadership positions will be announced at our school Presentation Day on Thursday, 12 December.

Again, congratulations to all our nominees and we wish them the best of luck in becoming a leader for 2020!



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Helping our Anxious Children Workshop

Last week, Mr Daniel, School Chaplain, held a parent information session on ways to help our children with managing feelings of anxiety. This session provided valuable information on:

- What is anxiety?
- When is it a problem?
- Ways of supporting your child.
- Explanation of the BRAVE program.
- Supporting your child at home.

We will be offering this session again in 2020, at both a morning and an afternoon timeslot, for parents who were unable to attend. A big 'thanks' to Mr Daniel for providing this support to our parent community.



Community Helpers Morning Tea

On **Tuesday 10 December** we will be holding our Community Helpers Morning Tea. This is an opportunity for our staff to thank all our parent and community volunteer helpers who have assisted us throughout the year.

thank
You

We look forward to seeing you and having the opportunity to thank you for helping us to make our school the great place it is!

Seven Hills North SMILES – Week 6 Winners

At our Week 6 assembly, we drew four winners in our Seven Hills North SMILES draw. Congratulations to Connor, Holly, Andre and Anshu. These students have been demonstrating our schools' expectations of being safe, being a friend and being a respectful learner. Remember, the more SMILES a student has, the greater their chance of being drawn as a winner. Good luck everyone!



Renai Diamond
Principal

SHNPS IDOL

IDOL Day

Idol will be held on **Tuesday 17 December from 9.15am to approximately Lunch**, there will be the normal recess break as an intermission.

Parents and carers are welcome to attend. There will not be a schedule of performances please do not contact the office to find out what time your child is performing.



Giving Tree

The P&C have a Giving Tree up in the school foyer again this year, kindly decorated by each class. Families are able to donate a gift wrapped in Christmas paper with a tag indicating the age and gender that the gift is suitable for.

These gifts will be donated to the local charity "The Common Grounds Community Cafe" at Lalor Park in time for their Christmas luncheon for families in need.

Please start sending in your gifts, your generous donations will be much appreciated by these families in need.



Class of the Week:

3/4 Aqua!



It has been a fantastic year in 3/4 Aqua. We have learnt so much, shared so many fun memories, and achieved remarkable goals. Our learning and achievement happens not only within our classroom but also outside in the garden and playground and outside school as well.

I commend all 3/4 students on your dedication and commitment to learning throughout 2019 and I wish you all the very best next year.

I would like to bid a fond farewell to those students that are not returning next year... Lily, Aiden, Aryan... we will miss you greatly but we wish you all the best in your new schools.

Finally I would like to wish all members of our community a very, very Merry Christmas.





Congratulations to Byron
on winning a Gold Medal
at the NAS National
Championships held in
Melbourne. Amazing Effort
Byron!

The Deep

A man happily swimming through the waters below,
There was something in the deep right behind,
The lurking under was not one of his kind,
What was this monster nobody will know.

He swam away but the monster got him first,
He was trapped in a giant bulging shell,
It was like being in a prison on hell,
The only thing in that monster's mind was thirst, thirst,

The monster chewed once twice thrice,
Down he was thrown and he fell and fell,
He was locked in some other cell,
He knew he had paid the ultimate price.

Only legend knows how to fully tell this tale,
It was like the story was stuck to his brain,
And that he could always hear his torture and pain,
This only left my young ones terrified and pale.

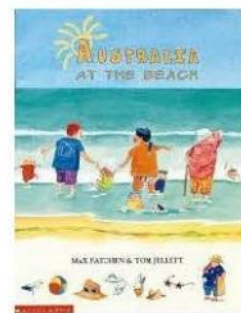
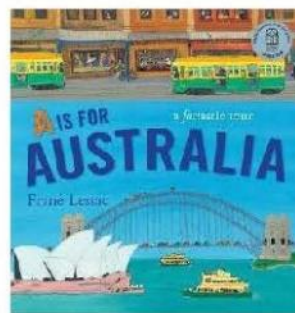
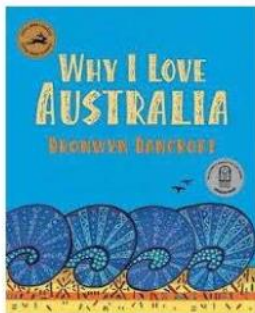
By Aarav 3/4 Aqua

Happy
Holidays!



Class of the Week: 2 Purple!

This term, in English, we have been enjoying some books about our country Australia. We have also been writing some persuasive texts ourselves.



We have been looking at our place in the world as Australians and made this craft 'Our place in the World'.



Seven Hills North Public School Newsletter

We were able to contribute to decorating the Christmas tree in the office by making a tree decoration with paddle pop sticks, pipe cleaners and pom poms. These are some of our creations.



Here is the tree!



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You are invited to the Parent Helpers Morning Tea

To thank you for volunteering your time to support our school, we would like to invited you to our Parent Helpers Morning Tea to be held in the library:

Tuesday 10 December 2019 @ 11.00am

Thank you for all your support in 2019 from the staff and students at Seven Hills North Public School. RSVP is not required.

Renai Diamond
Principal



MUSIC: COUNT US IN 2020 National Songwriting Competition - Brief

Help us write the song that stops the nation!!

Music: Count Us In (MCUI) is Australia's biggest school initiative; celebrating music and music education across the country. 2020 will be MCUI's 14th year. The program comes together on our national Celebration Day when hundreds of thousands of students around the country sing the same song, on the same day, at the same time.



Winners of the MCUI National Songwriting Competition will help us write the 2020 MCUI Program Song. A small group of finalists will be selected to take part in our 2020 Songwriting Workshop and write the song in collaboration with each other, Program Ambassador John Foreman OAM and our 2020 Program Mentor (tbc, previous mentors have included Justine Clarke, Jay Laga'aia, Jack River and Marcia Hines).

About the MCUI Program Song

The program song will be learned and performed by students of all ages and abilities. We are looking for song entries written by students that are catchy, optimistic and upbeat. Your song should be positive and not too tricky. It can be in any style or genre but remember to consider what will be popular amongst young people all over the country. Send us a submission that demonstrates your ability to write for young people.

Lyrics

What would you like to hear hundreds of thousands of young people sing about? We would love to receive entries about diversity, community, music and making music together but we would also like to hear about what is important to you. Think about issues that are important to you and other young people when you are writing.

Guidelines

- You may work on your own or with co-writer(s)
- Your song (or song idea/excerpt) should be 2mins - 4mins in length
- Write in a key that is approachable for beginner singers (i.e. C or G major etc.)
- Keep the time signature straightforward (i.e. 4/4, 6/8 or 3/4)
- Write within a range that suits young voices (i.e. Middle C - D an octave above)

Other Information

- The 2020 Program Song will be developed collaboratively
- The song will be used to develop lesson plans and digital resources
- Finalists will receive a fee for their contribution to the 2020 Program Song
- Songwriters must be school students (P-12) primary, secondary, home school, etc.

Submit your entry - <https://bit.ly/2OmG62t>

Contact us with any questions - ruth@musicaustralia.org.au / 02 9519 9730

Submissions are due by 5pm Wednesday 19th February 2020.

Join Our Club!

Knights

2020 Season



- Local Hills Football Competition -

- Play in Graded Teams or with your Mates -

- Development Program for all Standards -

- Register at www.playfootball.com.au -

Registration Details & More Information

contactus@hillsknights.com.au
www.hillsknights.com.au
[twitter@hillsknights](https://twitter.com/hillsknights)
facebook.com/baulkhamhillsknights



Knights Kick-Off ages 3.5 to 5
In-house program for pre-schoolers

Knights Kickers ages 5 to 7
In-house professional program

Knights Juniors ages 8 to 12
Small sided game competition

Knights Youth ages 13 to 17
Full field youth competition

Knights All Age Men
Men's competition at all levels

Knights Over 35/45 Men
Modified game for over 35's & 45's

Knights Girls & Women
Females from ages 8 to over 35

Knights Kickaroos
For players with Special Needs

Knights Development Program
Program for talented players

Knights Instructional Referee
Junior referee development program

Foundation
Member of
Hills Football



SunSmart Snippet

The simplest way

... to apply sunscreen correctly.

Sunscreen protects against the damaging effects of the sun by reducing the amount of ultraviolet (UV) rays that reach the skin.



Make sunscreen a habit:

- Use SPF 30 or higher, broad spectrum water-resistant sunscreen
- Apply 20 minutes before going outside
- Re-apply every 2 hours (or after any activity that may remove it)

Sunscreen does not block UV radiation and no sunscreen provides 100% protection. Remember to use SunSmart hats, clothing, sunglasses and seek out shade.

To help keep your kids safe in the sun, check your schools SunSmart status by heading to www.sunsmartnsw.com.au

You are invited to the Seven Hills North PS

End of Year Picnic

Join us for a Family Picnic night on

Thursday 12 December - 5pm to 7pm

BBQ on the night for a small donation to the Bush Fire Appeal

Popcorn & fairy floss for sale, as well as some

small novelty stalls for the kids.

Bring a picnic & a plate to share, a rug or seats and your good company. All welcome!



Seven Hills North Public School Newsletter



School Holiday Gymnastics Clinics

For boys and girls in Kindergarten and above

Come and experience the fun and excitement of
gymnastics

- Fun in a safe and structured environment
- Qualified and Professional Coaches
- Olympic Standard Equipment
- Foam Filled Landing Pits
- Trampolines
- Affiliated with Gymnastics Australia and NSW



Full Day Sessions (9.00am-3.00pm)

\$50.00 per day

Half Day Sessions (9.00am-12.30pm)

\$40.00 per session

6th – 10th Jan, 13th – 17th Jan

and 20th – 24th Jan

Term 1 2020

Enrolments Now Being Taken

Classes for Boys and Girls 2 years and above

Book now on 9620 8323 or sydacgym@hotmail.com

Unit 7/32 Artisan Rd, Seven Hills

Unit 5/1a Gibbon Rd, Winston Hills

The Ponds High School, Wentworth St, The Ponds



CRESTWOOD HIGH SCHOOL
VISION AND PROGRESS

New Student School Uniform Fittings

- Uniform Fitting appointments available Saturday 30/11/19, Sunday 01/12/19, Saturday 07/12/19 and Sunday 08/12/19 from 9am – 4pm.
- Go to <https://chsus.acuityscheduling.com> Only available appointment times will show so please book as early as possible to secure the time slot that suits you best.
- We will also be open during the following times on a walk up basis but to avoid possible lengthy queues we strongly recommend you take advantage of our appointments.
- Refer to Crestwood High school website, facebook and instagram for updates.

UNIFORM SHOP OPENING HOURS 2019 – 2020

DECEMBER 2019

Tuesday 05/11/2019 Support Unit only	8am – 10am
Saturday 30/11/2019	9am – 4pm by appointment
Sunday 01/12/2019	9am – 4pm by appointment
Tuesday 03/12/2019	2.30pm – 6pm
Wednesday 04/12/2019	7.30am – 10.45am
Saturday 07/12/2019	9am – 4pm by appointment
Sunday 08/12/2019	9am – 4pm by appointment
Wednesday 11/12/2019	7.30am – 10.45am
Wednesday 18/12/2019	7.30am – 10.45am

JANUARY 2020

Wednesday 22/01/2020	7.30am – 2.30pm
Thursday 23/01/2020	2pm – 7pm
Friday 24/01/2020	7.30am – 1.30pm
Tuesday 28/01/2020	7.30am – 1.30pm
Wednesday 29/01/2020	7.30am – 1.30pm
Saturday 01/02/2020	9am – 1pm

USUAL OPENING HOURS:

EVERY WEDNESDAY 7.30AM – 10.45AM DURING SCHOOL TERM
FIRST SATURDAY OF THE MONTH 9AM – 1PM DURING SCHOOL TERM ONLY
WE ACCEPT MASTERCARD, VISA AND EFTPOS NO CHEQUE

17 Chapel Lane
Baulkham Hills NSW 2153
Phone: 9639 7422

crestwood-h.school@det.nsw.edu.au
www.crestwood-h.schools.nsw.edu.au

*Blacktown, Seven Hills and
Winston Hills Regions Only*

*Diploma Certified Childhood
Educator*

*Childrens Daycare Is Held In
A Cute Clean Content Granny
Flat*



ABC Family Daycare

Located: Seven Hills
Contact: 0406 048 528

From 7am-8pm



1st Kings Langley Scout Group
is selling



Freshly Cut Christmas Trees

at **Bunnings Seven Hills**

Cnr Old Windsor & Abbott Rds
Seven Hills

8:00am – 4:00pm

(or until sold out each weekend)

Get in early so as not to miss out!

Saturday 7th & Sunday 8th December
Saturday 14th & Sunday 15th December



Varying Sizes

\$72- \$82

Cash and EFTPOS

Pre-orders welcome

Call 0412 466 018
for further enquiries

