



Seven Hills North Public School

Canteen Menu

Canteen Open
Wednesday and Friday Only

**All lunch orders are to be placed in
the canteen box by 9am**

If you are late to school please take your order directly to the canteen so that you do not miss out on your lunch order.

Over the counter items can be purchased at recess or lunch.
Drinks can be purchased with your lunch order.

Frozen Snacks can only be purchased during first half lunch.

Thank you to all who volunteer in our Canteen.
We are **ALWAYS** looking for wonderful people to help out.
Once a week, once a term or here and there, any amount of
time is appreciated. If you are able to help out in anyway,
please come into the canteen and see me or leave me a note
at the office.

Regards Amanda

HOT FOOD

Butter Chicken with Rice (H) (GF)	\$4.00
Bolognaise Pasta Bake (H)	\$4.00
Fried Rice with Chicken (H)	\$4.00
Vegetable Lasagne (V)	\$4.00
Ham & Cheese Quesadilla	\$3.50
Tomato & Cheese Quesadilla (H, V)	\$3.50
Ham & Cheese Toastie	\$3.50
Tomato & Cheese Toastie (H, V)	\$3.50
Beef Pie (H)	\$3.50
Sausage Roll (H)	\$3.00
Chicken Burger with Lettuce & Mayo (H)	\$4.00
Chicken Nuggets x 3 (H)	\$2.00
Corn on the Cob	50c

Tomato Sauce	50c
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COLD FOOD

SANDWICHES

Vegemite, Honey or Jam	\$1.50
Cheese	\$2.00
Cheese & Tomato	\$2.50
Ham & Cheese	\$3.00
Tuna	\$3.50
Egg	\$2.50
Salad (tomato, lettuce, cucumber, carrot)	\$3.00
Beetroot or Cheese as Extra	50c

H—Halal

V—Vegetarian

GF—Gluten Free

OVER THE COUNTER

SNACKS

Red Rock Deli Chips (Honey Soy)	\$2.00
Piranha Snaps (BBQ or Light & Tangy)	\$2.00
Grainwaves (Sourcream)	\$2.00
Muffin (Apple, Blueberry & Ricotta)	\$1.00
Anzac Biscuit	\$1.00
Yogurt Tub	\$2.00
Custard/Fruit Cup	50c
Seasonal Fruit	From \$1.00
Breadsticks	20c
Vege sticks with Hummus	\$1.00
Cheese with Wholegrain crackers	\$1.00

FROZEN SNACKS

Frozen Fruit Juice Cup (Apple or Orange)	\$1.00
Tasman Bay Juices	\$1.00
Bulla Ice Cream Cup	\$1.50

COLD DRINKS

Oak Light Milk (Choc and Strawberry)	\$2.50
Popper (Apple and Orange)	\$2.00
Water	\$2.00

WARM DRINKS

Cup of Hot Milo (Terms 2 and 3 only)	\$2.00
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